Capital Area Human Services District Board Meeting January 8, 2018

Directors Present: Amy Betts, Chair; Thomas Sawyer, Vice Chair; Laverne Aguillard; Christy Burnett; Gerri Hobdy; Gail Hurst; Stacey Morales; Virginia Pearson and Gary Spillman

Directors Absent: Rev. Louis Askins; Dana Carpenter, PhD; Kathy D'Albor; Becky Katz; and Vickie King **Executive Staff Member(s) Present:** Jan Kasofsky, PhD, Executive Director

TOPIC	RESPONSIBL E PERSON	DISCUSSION	FOLLOW-UP
Approval of the January 8, 2018 Consent Agenda and Approval of the Minutes for December 4, 2017.	Ms. Betts	Ms. Amy Betts, Board Chair called the meeting to order at approximately 3:00 p.m. Ms. Gail Hurst made a motion to approve the January 8, 2018, Consent Agenda and the minutes of December 4, 2017. Ms. C. Burnett seconded the motion.	There were no objections and the motion passed.
Public Comment	Ms. Betts	Ms. Betts read the Public Comment section. Mr. Ray Simoneaux, 18012 Magnolia Bend, Central, Louisiana 70739, requested permission to comment on a non-agenda topic. Ms. Betts, Board Chair, advised Mr. Simoneaux that he would be allowed to make a 3-minute comment. Mr. Simoneaux appeared to speak about his wife, Judy's, employment with CAHSD. He alleged that she was forced out of her position. He made comments and complaints concerning her severance pay, denial of leave, work hours and conditions. He indicated that a complaint he had filed had not been answered in more than 30 days. He informed the Board that his family had been impacted by the flood. He indicated the problems with his wife's employment occurred when she was between the ages of 64 and 66. He complained that the severance payment from LASERS was only 28% of her leave which was a loss of \$16,000. He indicated that CAHSD should have warned them. He also stated that smoking should not be allowed in the facilities. He was informed by the Chairman that the lawyers would be answering the complaint. He gave his phone number and asked the Board members to contact him if they wanted to help him or his wife. He asked for information about performance standards and EEO suits and was informed he could write out a request for that information. He could also access it on the website and was provided the link. He stated that he spoke because his wife could not do so without getting too upset. Mr. Spillman informed him that he would follow up and check on his complaints. Mr. Simoneaux indicated there was another employee with	
Communications	Dr. Kasofsky	 similar complaints. Mr. Simoneaux was again assured by Mr. Spillman that he would follow up. Dr. Kasofsky reported the following: The next BH Collaborative Meeting is scheduled for 1/11/18. She 	

Meeting with LA Commissioner Jay Dardenne	Dr. Kasofsky	 provided an overview of the topics/speakers, William "Beau" Clark, MD, EBR Coroner, and William "Dore" Binder, MD., Woman's Hospital. AOT Training will be presented on 2/23/18 by the Treatment Advocacy Center. This is a day-long seminar and addresses the common barriers that have interfered with full implementation of AOT laws and practical instruction on establishing and maintaining successful AOT programs. The next Policy Academy Training is on 2/26/18. Dr. Kasofsky's planned presentations for March are Reentry Coalition in Baton Rouge and the MHA Association Spring Conference. Continuing Legal Education (CLE) – As requested by Judge Don Johnson, Dr. Kasofsky and 2 CAHSD staff will present to his court and other judges on the different treatment programs that are available. The presentation will focus mostly on what's happening in the jail. CAHSD received another Wilson Grant and will continue that work. CAHSD will work on the front end (pre-trial) with the Bridge Center. Dr. Kasofsky recently met with Commissioner Jay Dardenne. She stated that Louisiana faces a huge budget deficit if a special session isn't held this month. She explained that (1) there are taxes that will expire and the State will face a \$1.5 billion deficit going into next year and (2) the State constitution only allows reductions in dollars from healthcare and higher education. This will be devastating not only to CAHSD but the statewide Pharmacy Program, or any program/service that is considered optional. This could impact all of mental health and addiction services, not just reducing the funds but by getting rid of all of those services. Mr. Dardenne will meet with Rebecca Gee, MD/LDH on 1/19 to advise what the cuts could look like. Mr. Dardenne shared with Dr. Kasofsky that CAHSD is located in an area of the city that has become desirable for real estate market and interest has been expressed in our land/building. Dr. Kasofsky was encouraged to look at property that
Hospital; BR Clinic Contract		 CAHSD's opinion on what's the most important work needed with pregnant women. CAHSD submitted a proposal around behavioral health with regard to the impact on preterm birth. Since the meeting, Dr. Kasofsky received an email from Ms. Fontenot stating her Board agreed they would focus on preterm birth but it

		 didn't state the level of CAHSD's role, type of funding, or if we would be at Woman's. CAHSD and BR Clinic have a signed contract. CAHSD will see the first client there today. CAHSD has a FT social worker and a social services counselor at that location. The BR Clinic physicians can now make referrals.
AOT Update, discussion with Judge D. Johnson on BH Court	Dr. Kasofsky	 Update: Don Johnson is very enthusiastic regarding AOT. He scheduled a meeting for himself, CAHS, LDH, and OBH. With AOT, ACT is needed. ACT stands for Assertive Community treatment. This is an intensive home based method of providing care to someone who has a very serious mental illness who isn't expected to be able to handle coming into the clinic. The program has a physician, nurse, social worker and may have an occupational therapist, etc. The cost of this program is very expensive, typically about \$1 million for 100 people. Treatment is long term so the slots don't turn over very fast. There is an operational team that operates in this region that doesn't go through CAHSD any longer but we do make referrals to them. Judge Johnson understands that it would be very hard to do AOT without ACT. A follow up meeting is scheduled.
Medication-Assisted Treatment (MAT)	Dr. Kasofsky	 Dr. Kasofsky explained that MAT stands for Medication-Assisted Treatment for Addiction. This approach is used to move people with an opioid addiction off of the opioids. She explained that under the supervision of a physician, medication is used as a replacement to wean them off of the opioids. Dr. Kasofsky provided an overview of the use of Suboxone and Vivitrol with MAT. Vivitrol can be provided to those in an abstinence- based program but the client must have gone through a medical detox prior to beginning the program. Drug screens are required. CAHSD recently met with Baton Rouge Behavioral Health Hospital and they will make referrals to the program. MAT will be available at CAHSD for outpatient treatment and at CARP.
Ends Policy Year End Report Review	Dr. Kasofsky	• Dr. Kasofsky reminded the Board members that the Ends Policy Year End Report distributed at the last meeting could be brought back at any time for discussions/questions.
Strategic Initiatives	Dr. Kasofsky	 The Strategic Initiatives document was distributed to the members. Dr. Kasofsky explained that typically this document covers a 3 to 5 year period. Each year because of the Ends Policy, she needs to advise the Board of the most pertinent things to work on in her opinion. This is somewhat of an outtake of the 3-year plan and may have items added, i.e. client engagement. The plan is updated by Dr. Kasofsky/EMT and reported to the Board at 6 months and annually.

		• Dr. Kasofsky will meet with all facilities/departments across the District sharing the updated Plan.	
Executive Team Change	Dr. Kasofsky	 Dr. Kasofsky announced that Scott Meche, PhD, has left CAHSD. 	
	j	Kay Gaudet has agreed to work in his position for a 3-month contract	
		while posting the position. She will work 3 days per week.	
Self-Generated Revenue	Dr. Kasofsky	• Dr. Kasofsky provided an overview of the November 2017 SGR	
(SGR) November 2017		report. She stated that collections are as anticipated.	
Board Member Status	Dr. Kasofsky	• Ms. V. Pearson stated that someone she knows has expressed interest	
	V. Pearson	in being on the CAHSD Board. That person will meet with a previous	
	A. Betts	member to get a feel from a board member perspective who served in	
		that parish.	
		• Ms. Betts reminded Board members of the following attendance expectations: (1) Can't miss 3 meetings in a row or (2) 5 in a calendar	
		year.	
Report from Chairman		you.	
Board Policy Review by Di	rect Inspection/Bo	oard Business	
Asset Protection Policy	Ms. Betts	• Mr. Spillman made a motion to approve the policies listed below	There were no
ACTION		without revision. The motion was seconded by V. Pearson.	objections and the motion passed.
		Asset Protection Policy	motion passed.
Financial		Financial Planning/Budgeting	
Planning/Budgeting		 Financial Condition & Activities Year Financial Report 	
ACTION			
Financial Condition			
& Activities			
Year Financial Report			
ACTION			
Monitoring ED	Ms. Betts/	Monitoring Executive Director Performance Policy	
Performance Policy/ED	Evaluation	(direct inspection)	
Evaluation - ACTION	Committee	(Attachment, Supporting Reports to be Distributed	
		Dec/January as package)	
		Mrs. Dette reported that the Executive Director's Derformence Systemics	
		Mrs. Betts reported that the Executive Director's Performance Evaluation Committee met prior to the Board meeting. Ms. Betts reported to the Board	
		members that Committee members had the opportunity to review the	
		statements submitted by board members regarding Dr. Kasofsky's	
		performance, key challenges in the year ahead, and their thoughts and	
		concerns.	
		There was a definite Committee consensus that Dr. Kasofsky's	
		handling of the budget, preparing for the future, being passionate about	
		providing the best services available to our clients in a timely manner,	

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 and looking for new services desired by our clients is excellent. Dr. Kasofsky provides the support that CAHSD employees need so that they can do their jobs to the best of their ability – whether it be providing medically assisted treatments, smoking cessation, appropriate a play place for our youngest clients, being reimbursed by private insurance as well as Medicaid/Medicare, and developing new programs with agreements with the Baton Rouge Clinic, Woman's Hospital, and East Baton Rouge Prison. Several statements reiterated, "Dr. Kasofsky provides a clear vision for CAHSD. She is driven to communicate and collaborate about mental health and addiction to provide our community with a wholistic outcome to this issue. Her vision is carried out daily by her dedicated staff and partners. She is a true asset to our community, state and nation." Key challenges in the year ahead include funding and anticipated cuts, challenges to meet our financial obligations while maintaining effective programs and efficient staff to implement the programs with efficacy. Although Dr. Kasofsky and the board have no control over it, the timely replacement of board members remains an issue since we must maintain a quorum – even as we have fewer board members approved by the Office of Boards and Commissions. With Act 73, our job in obtaining board volunteers has been made even more difficult. Dr. Kasofsky has insured that our medical personnel have received training on medically assisted treatment, which has become the new standard of care for those with opioid addictions. Thoughts and concerns about the future include Medicaid, budget cuts, insurance changes, and maintaining good and effective staffing even though we cannot pay them as much as they would earn in the private sector. The Evaluation Committee recommends a one-time bonus for Dr. Kasofsky's performance evaluation will be documented in her personnel file. Dr. Kasofsky will provide documentation to Mr. Spillman tha	Dr. Kasofsky to provide information re: whether or not
Dr. Kasofsky expressed her appreciation of the Board's evaluation and their	CAHSD is in a deficit year.
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		positive comments. She commended the board members for their work and community service volunteering in these positions.	
		Mr. Sawyer moved to approve the 4% onetime bonus retroactive to January 1, 2018, and the comments made about Dr. Kasofsky's evaluation. The motion was seconded by Ms. S. Morales.	There were no objections and the motion passed.
Banking Resolution & Angelina Wilson Foundation Grant ACTION	Ms. Betts	 Ms. C. Burnett made a motion to accept the Banking Resolution and the Angelina Wilson Foundation Grant. Ms. G. Hurst seconded the motion. Mr. Spillman stated that he may want to meet with Dr. Kasofsky regarding re: the prison is his parish. 	There were no objections and the motion passed.
CAHSD Board Meeting Time Change ACTION	Ms. Betts	The Board members discussed changing the time of the CAHSD Board meeting from 3:00 p.m. Following discussion, Mr. Spillman made a motion to change the meeting time from 3:00 p.m. to 1:00 p.m. Ms. G. Hurst seconded the motion. The Board will continue to meet on the first Monday of the month, except for July (no meeting) and in the event of weather closure or holidays.	There were no objections and the motion passed
Next Assignment	Ms. Betts	• Next Policy Assignment: V. King - Board Executive Director Linkage: Global Executive Constraints, Page 3 not Page 32.	
Next Meeting	Ms. Katz	The next Board meeting will be on February 5, 2018 @ 1:00 p.m. at CAHSD, 4618 Government Street, Baton Rouge, LA.	